



Jennifer Lopez makes an entrance with her signature seductive smile

10 GROOM BROWS TO ENHANCE YOUR FEATURES

"There should be no more than an inch to an inch and a half of space between your brows," notes arch shaper Damone Roberts. "Allowing them to grow more inward contours your nose and gives your brows a higher arch, which opens up the eyes." Roberts is the owner of Damone Roberts Beverly Hills brow salon (310-271-2100). His clients include Mandy Moore and Molly Sims.

STAR PRODUCT: Shiseido the Makeup Eyebrow and Eyeliner Compact (\$28)



13 TRY THE NEWEST LASH TREND

"Everyone's getting lash extensions, a salon treatment that involves gluing individual fake lashes onto your natural ones," says spa expert Gretta Monahan. "Look for a salon with technicians trained by Xtreme Lashes [find one near you at xtremelashes.com] and opt for synthetic extensions. They're lighter and last longer than animal hair, and there's almost no chance of an allergic reaction. Once you have extensions, avoid waterproof mascara and oil-based makeup remover." Monahan is the owner of Boston's Grettacole and G Spa salons (grettacole.com), where Kate Hudson is a client.

11 BOOST YOUR HAIR COLOR

"Two days before a big event I have my clients come into the salon for a deep-conditioning treatment (which fills in porous spots to help hair appear luminous), followed by a clear-gloss treatment for major shine," says colorist Jennifer J. "The day of the event I use a spray-on shine enhancer so color glistens." J. is a Matrix colorist at Juan Juan Salon in L.A. (310-278-5826). Her clients include Julia Roberts.

STAR PRODUCT: Biolage Colorcare-therapie Shielding Shine Mist (\$13.95)

12 LOOK YOUR BEST IN A PARTY DRESS

"Avoid dairy on days you must slip into a slinky gown," advises trainer and nutritional consultant David Kirsch. "It makes your stomach puffy and your body puffy. To quell hunger before the party, have a protein shake with no fillers, additives, or soy protein (which can cause bloating). The shake should

have 15 to 25 grams of protein; a higher amount may lead to bloating." Kirsch is the owner of New York's Madison Square Club (212-683-1836). His clients include Heidi Klum and Liv Tyler.

STAR PRODUCT: David Kirsch Sound Mind, Sound Body Meal Replacement Powder (\$49.95 for box of 20; davidkirsch.com)

See Where to Buy for details

14 COVER ROOTS IN A PINCH

"A more natural-looking option than hair mascara, which can make tresses stiff, is to pat eye-shadow onto roots (spritz hairspray onto hair first to help the shadow adhere)," notes hairstylist Ken Pavés.

"Shimmery gold works well on blondes and brunettes, while a soft brown helps to mask gray." Pavés is the founder of Pavés Professional Haircare. His clients include Jessica Simpson and Jessica Alba.

STAR PRODUCTS: Pavés Professional Convertible Proof hairspray (\$5.99; walgreens.com) and Yves Saint Laurent Eye Shadow in No. 9 Golden Radiance and No. 10 Shimmering Brown (\$24.50 each)



Jessica Alba is the mane attraction with sexy hair

8 TREAT POLISH STAINS

"Massage whitening toothpaste into your nails," recommends nail guru Jessica Vartoughian. "The lightening agents help remove yellowing." Vartoughian is the owner of Jessica Nail Clinic in L.A. (310-659-9292), where Demi Moore and Naomi Watts are regular clients.

9 INTENSIFY YOUR EYE COLOR

"Take a pencil that matches your eye color (use a rust shade for brown eyes)," says makeup artist Paul Starr. "Draw a short line along the center of the lower lash line, below the iris." Starr is an Estée Lauder makeup artist who works with Jada Pinkett Smith.

STAR PRODUCT: Estée Lauder Artist's Eye Pencil (\$18.50 each)



Bright-eyed Jada Pinkett Smith

15 TAME FLYAWAYS IN A SNAP

"ChapStick smooths frizz and flyaways," says colorist Marie Robinson. "Plus it's so tiny, it can fit into the smallest of clutches." Robinson works at Sally Hershberger Downtown salon in Manhattan (212-206-8700). Her clients include Uma Thurman.

As told to Victoria Kirby and Caitlin Gaffey