

beauty find of the month *>> lash extensions*

Do you lust after long, luxurious lashes? My beauty find of the year, and especially for the holiday season, is lash extensions – semi-permanent lashes that last up to two months, with touch-ups. You don't need mascara and you can swim, shower, sweat, sleep or sob without worrying that you'll lose your lashes. The lashes are applied to your own lashes with the same surgical adhesive that is used to glue together open wounds. It is totally safe and pain-free, and takes up to three hours for the first session. It doesn't harm your own lashes – the synthetic lash is attached individually to one of your own lashes, and as the natural lash falls out (in a growth and shedding cycle of 60 to 90 days) it is replaced with the growth of a new lash. I have been back to my Xtreme Lashes therapist twice in two months to fill in and replace lashes that have completed their life cycle and I am now hooked on having long, thick, beautiful black lashes. The first session costs R600, and thereafter R200 for fill-ins, depending how long you wait to have touch ups done in-between. For a trained therapist near you, go to www.xtremelashes.co.za or call Glynis on 082 341 5876.

