



**SATURDAY, JUNE 27, 2009**

### **My Summer Staple - Xtreme Lashes**

Sometimes the most unexpected event can turn a beauty indulgence into an absolute "must-have". That's what I discovered about my Xtreme Lash Extensions when a terrible spill landed me in the ER with a broken femur! I can honestly say that from a health standpoint I've been extremely fortunate, and until May 19 I'd never been inside an ambulance or whisked into the ER. The whole thing was absolutely tragic.

And when the doctor told me that they'd be putting my leg in traction until surgery the following day, beauty was the last thing on my mind. Little did I know that as I drifted off to sleep, my lashes became a topic of conversation. As I was waking from a fog of anesthesia two nurses leaned over and asked, "How do you get your lashes to look like that?" Ha! Even in the worst of circumstances I guess long, flirty lashes can become the center of attention. After spending a week in the hospital and being asked about my lashes daily, I've decided that lash extensions are an investment that's well worth the cost! So beauties, call your local spa and see if they offer lash extensions. Not only will you love the compliments, but you won't have to worry about wearing mascara all summer long!

While I spend the rest of the sultry summer months trying to recover so I can once again wear heels...I plan to share every other low- or no-maintenance beauty trick and product I can get my hands on! It's good to be back.

Cheers,  
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