



Chicago Girly Girl

Dressed and ready to brag about it

SUNDAY, SEPTEMBER 27, 2009

No Fuss Beauty - Luscious Lashes



I remember a time when I thought that the most beautiful woman on Earth was Smurfette. I am pretty sure that was the same year that my brother dared me to eat a piece of dog food (and I did) - okay so that was quite some time ago. As an adult, I have the long, blonde hair but impossibly long lashes? Maybe with a little help...

Eyelash extensions are one of the fastest growing beauty trends and for good reason. My morning make-up regimen is significantly faster because I don't have to bother with mascara. Also, I feel like I need *less* make up because the lashes are so gorgeous (and attention getting!)

Recently, I was scuba diving in the Yucatan Peninsula and getting into and out of, salt water all day long. Yet, I still had long, black eyelashes without a trace of raccoon eyes. Eyelash extensions are tremendously popular with brides because of the "Wow!" Factor. A word of caution: after you get them, you'll be hooked.

The only place to go is [Flutter Lash Studio](#) in Lincoln Park. Their work is very high quality and you'll love the feel (think girly-girl nirvana meets nouveau-chic.) Joan did my full set (a full set is the only way to go in my opinion) and I was so relaxed that I fell asleep. Definitely have them do a quick eyebrow shaping as well.

A few things to keep in mind:

- Your first appointment can take up to 2 hours but the follow-up appointments (every 2 - 4 weeks) will only take an hour or so.
- After you get them on, you will need to keep your face dry for about 24 hours (this is so that the glue can set.)
- With proper care, your eyelash extensions will last indefinitely (with only minimal touch-ups). I recommend staying away from oil-based products and steam or intense heat.

Flutter uses the [Xtreme Lashes®](#) line which is the highest quality product available. I made the mistake of trying other products in the past because I was traveling and I was sorely disappointed.