LEVEL 1 TRAINING OBJECTIVES

Natural Eyelash and Eye Area Health
- Eye and eyelash anatomy and physiology
- Common eye conditions relative to eyelash extensions application
- Proper assessment of a client’s eye health prior to eyelash extensions application

Disinfection of Supplies and Cross-Contamination Prevention
- Proper hand washing
- Disinfection of tools
- Cross-contamination prevention
- Maintaining a sanitary work environment

Irritants, Allergens, and Eye Conditions
- Minimizing irritants and allergens by using the Xtreme Lashes Application Environment System
- Environmental factors and ideal settings for eyelash extensions application
- Overview of infectious diseases and disorders of the eyes that may impact eyelash extensions application

Client Consultation
- Pre-application qualifications alongside a thorough assessment of the client’s natural eyelashes, eye area, and general health
- A holistic approach to selecting and designing customized looks based on a client’s physical attributes and lifestyle
- Proper documentation and client record keeping by utilizing the Xtreme Lashes Client Profile System
- Managing client expectations

Basic Design Competency
- Steps for creating a basic oval eye frame and design using X35®, X40®, & X50® curvature eyelash extensions
- Overview of Xtreme Lashes® eyelash extensions variations: Lengths, diameters, and curvatures
Eyelash Extensions Application Process and Removal

- Initial practicing on mannequins, followed by student applications on one another
  - Experience various eye shapes and natural eyelash types
  - Utilize various eyelash extensions curvatures and diameters in our specially designed Student Lash Tray
- Each application involves the following:
  - Client preparation for eyelash extensions application
  - Completing a thorough client consultation utilizing the Xtreme Lashes Client Profile System
  - Maintaining a sanitary work environment and an organized station
  - Minimizing irritation by using the Xtreme Lashes Application Environment System
  - Proper client and Lash Stylist positioning and posture
  - Executing the complete Xtreme Lashes Cleansing and Priming process to prepare eyelashes for application
  - Proper selection and placement of the under eye patches to cover lower eyelashes
  - Measurement of the client’s natural eyelashes for the correct selection of lengths, diameters, and curvatures of eyelash extensions
  - Proper application techniques, including:
    - Frame and Design
    - Isolation
    - Pickup
    - Adhesive Coating
    - Attachment
  - Eyelash Extensions Removal
  - Documentation and systematic record keeping utilizing the Xtreme Lashes Client Profile System
  - Trainer and self-evaluation after each eyelash extensions application

Troubleshooting

- Effectively determining the cause of and resolving:
  - Common client concerns
  - Common application errors
Application and Retail Product Knowledge

- Learn about the ingredients, features, and benefits to our products that can be used to enhance your applications and protect you and your clients’ investment into eyelash extensions

Retailing Eyelash Extensions Compatible Cosmetics

- Retail strategies on how to educate consumers on extending eyelash extensions longevity and maintaining proper eye hygiene by learning:
  - The Xtreme Lashes Retail Guide
  - The Xtreme Lashes Aftercare Guide
  - Ingredient Dictionary
  - Product knowledge and application instructions
  - Potential revenue

Professional Image and Salon Management

- Strategies for managing a salon and creating a professional image, focusing on establishing the following areas:
  - Retail guidelines
  - Marketing and promoting

Evaluation, Support and Feedback

- Individualized assistance throughout the training program
- Continuous trainer evaluation and feedback to build confidence and increase skill level